



Veteran Program News

September 2017
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From the Counselor's Desk:

Preparing for Your Annual Spending Plan/Budget Meeting

The Veterans Directed Programs will be developing your FY 2018 Spending Plan/Budget and delivering them to you in September. Your annual budget meeting is actually a review and preparation of your Annual Care Plan for the new 2018 Fiscal Year (October 1, 2017 thru September 30 2018). This is a good time to evaluate the program and examine your needs for the coming year. This requires you to look at your current physical and mental health situation and determine what you need for the next year regarding care and support to maintain your independence and ability to remain in your home.

Ask yourself the following questions:

1. What is working well for me with VDHCBs?
2. What is not working out for me through VDHCBs?
3. What are my physical care needs at the present?
4. What are my mental health/ physical safety needs at the present?
5. How many hours of workers do I need to maintain myself in a healthy and secure fashion?
6. What are my care goals for this year?

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6. Did my care plan for FY 2018 meet my needs adequately?
7. How successful has VDHCBS been in meeting my life situations and needs?
8. What is my extended family/friends support network like?
9. Do I need to subsidize it with VDHCBS caregiver hours?
10. Do I have any planned environmental (home modifications, additional equipment needs, etc.) for FY 2018?
11. Did I have any health maintenance issues the new care plan/budget needs to address?
12. How can my Options Counselor assist me in the next year to meet my needs?

There are three ways to submit Reimbursement Forms and Timesheets

1. Faxed to 254-770-2398 or
2. Emailed to vdhcbs@ctcog.org or
3. Hand-Delivered to CTADVRC VDHCBS (2180 N. Main Street, Belton TX)

Reimbursement Requests IMPORTANT DEADLINE!!

With the program year ending September 30, 2017, veteran employers **must submit all receipts by close of business on September 15, 2017.**

Any receipts submitted after September 15, 2017, cannot be paid and all unspent funds will be closed by the VA on September 30, 2017.

Be Prepared...more than just a scout motto...



Follow these steps to be prepared for your Spending Plan/Budget Meeting:

- 1. Write down your answers to questions so you will not forget them.*
- 2. Write down questions you want answered by your Veterans Options Counselor.*
- 3. Be flexible and honest in your needs so that funding will be accurate and meet your needs but not waste funds that will go unspent.*

VD-HCBS Program Wins Award from the National Association of Regional Councils (NARC)

The Central Texas Council of Governments (CTCOG) Veterans-Directed Home and Community-Based Services Program received the Medium Metro Award at the NARC annual conference this summer. The program was commended for providing high-quality, flexible care to veterans who need skilled services, case management, and assistance with activities of daily living. The VD-HCBS program provides veterans with a flexible budget for services that provide them better accessibility, choice, and control over long-term care services. In a region that hosts the largest military installation in the country, this program supports the bedrock of the local economy and encourages veterans to stay in the region and allows them the freedom to remain in their home.



The program has a 95% satisfaction rating by the veterans involved, and its success stems from the CTCOG's collaboration with over 100 Veterans service Organizations and partnerships between federal, states, and local entities.

It is an honor to serve you!

Jenny Boucher, Sandra Jones, Thomas Wilson, Kathleen Abney, the Honorable Dickie Clary, Hamilton County Commissioner and CTCOG Executive Committee President

Important Dates coming up:

September 1, 2017	Payroll Due by 5:00 PM
September 4, 2017	Labor Day – VDHCBS Office Closed
September 18, 2017	Payroll Due by 5:00 PM
October 3, 2017	Payroll Due by 5:00 PM
October 9, 2017	Columbus Day – VDHCBS Office Closed
October 18, 2017	Payroll Due by 5:00 PM
November 3, 2017	Payroll Due by 5:00 PM
November 10, 2017	Veterans Day – VDHCBS Office Closed
November 17, 2017	Payroll Due by 5:00 PM
November 23, 2017	Thanksgiving Holiday – VDHCBS Office Closed
November 24, 2017	Thanksgiving Holiday – VDHCBS Office Closed
December 25, 2017	Christmas Holiday – VDHCBS Office Closed
January 1, 2018	New Year's Day – VDHCBS Office Closed

