

Caring for a Person at Home

FAMILY HOME CAREGIVER

The Center For Caregiver Excellence



2180 N Main Street
PO BOX 729
Belton TX 76513

Phone

254-770-2342

1-800-447-7169

www.centraltexasadrc.org

Date **May 9 thru 11, 2016**

Time 12:30 to 4:30 PM

Location 2180 N Main Street, Belton TX

This physical skills workshop contains 12 hours of information on

- * **Infection Control**
- * **Skin Care**
- * **Incontinence Management**
- * **Nutrition**
- * **Body Mechanics**
- * **Mobility**
- * **Caregiver Stress**
- * **Safety**
- * **Activities of Daily Living**
- * **Resources & References Materials**

"Many older or disabled persons can't remain at home without the support and care received from family and friends"

The class is a multi-media presentation combined with some hands-on practical experiences.

TUITION: For a *Limited Time*, there will be no charge for attending Family Caregiver workshops. The normal tuition fee is \$35 which allows two persons to attend, and includes 1 caregiver manual, community resource handouts, and a certificate of completion.

Reservations are required. Minimum enrollment of **FOUR** required for class to make — *so, bring a friend!!!*

To make your reservation, or for more information, contact:

254-770-2355 or 254-770-2342

1-800-447-7169

